

1 **BEFORE THE ARIZONA MEDICAL BOARD**

2 In the Matter of

3 **ARIANNA B. SHOLES-DOUGLAS, M.D.**

4 Holder of License No. 37216
5 For the Practice of Allopathic Medicine
6 In the State of Arizona.

Case No. MD-23-0009A

**ORDER FOR LETTER OF
REPRIMAND; AND CONSENT TO THE
SAME**

7 Arianna B. Sholes-Douglas, M.D. ("Respondent") elects to permanently waive any
8 right to a hearing and appeal with respect to this Order for a Letter of Reprimand; admits
9 the jurisdiction of the Arizona Medical Board ("Board"); and consents to the entry of this
10 Order by the Board.

11 **FINDINGS OF FACT**

12 1. The Board is the duly constituted authority for the regulation and control of
13 the practice of allopathic medicine in the State of Arizona.

14 2. Respondent is the holder of license number 37216 for the practice of
15 allopathic medicine in the State of Arizona.

16 3. The Board initiated case number MD-23-0009A after receiving notification of
17 a malpractice settlement regarding Respondent's care and treatment of a 44-year-old
18 female patient ("GS") alleging improper performance of a labiaplasty.

19 4. On November 13, 2018, Respondent performed a labiaplasty on GS using a
20 wedge technique and a clitoral hood reduction.

21 5. On November 14, 2018, GS presented to Respondent's office for a post-
22 operative follow-up. Respondent noted that the wound was healing with some expected
23 swelling. Respondent gave GS ibuprofen for pain.

24 6. On November 21, 2018, GS presented to Respondent office for a post-
25 operative follow-up. The wound was swollen and tender to touch. Respondent prescribed
Percocet and Ibuprofen.

1 7. On November 26, 2018, GS presented to Respondent's office for a post-
2 operative follow-up. Respondent noted increased swelling and pain on examination.

3 8. On November 28, 2018, GS reported that drainage was coming out of the
4 wound. Respondent started antibiotics for 7 days.

5 9. On January 17, 2019, GS presented to Respondent's office. An examination
6 revealed a separation in the wound.

7 10. On February 28, 2019, Respondent performed a repeat labiaplasty.
8 Respondent dictated that consent was reviewed in the procedure note but a written
9 consent was not obtained. Respondent prescribed GS antibiotics and Percocet.

10 11. On May 17, 2019, GS presented to Respondent's office with complaints of
11 bleeding after intercourse. Respondent evaluated GS and noted an area that was open
12 which she felt was due to intercourse. Respondent discussed an option to place a stitch,
13 but GS declined.

14 12. On May 31, 2019, GS obtained a second opinion by a plastic surgeon. An
15 examination was carried out and noted scalloped edges of the labia along with a denuded
16 area.

17 13. On July 30, 2019, GS underwent a reconstruction of the labia using V-Y
18 flaps, right labial advancement, and platelet rich plasma treatment.

19 14. The standard of care requires a physician to administer antibiotics during a
20 vaginal operation. Respondent deviated from this standard of care by failing to administer
21 antibiotics during a vaginal operation.

22 15. The standard of care requires a physician to recognize post-operative
23 complications. Respondent deviated from the standard of care by failing to recognize a
24 developing post-operative infection.

25

1 2. Respondent acknowledges and agrees that this Order is entered into freely
2 and voluntarily and that no promise was made or coercion used to induce such entry.

3 3. By consenting to this Order, Respondent voluntarily relinquishes any rights to
4 a hearing or judicial review in state or federal court on the matters alleged, or to challenge
5 this Order in its entirety as issued by the Board, and waives any other cause of action
6 related thereto or arising from said Order.

7 4. The Order is not effective until approved by the Board and signed by its
8 Executive Director.

9 5. All admissions made by Respondent in this Order are solely for final
10 disposition of this matter and any subsequent related administrative proceedings or civil
11 litigation involving the Board and Respondent. Therefore, said admissions by Respondent
12 are not intended or made for any other use, such as in the context of another state or
13 federal government regulatory agency proceeding, civil or criminal court proceeding, in the
14 State of Arizona or any other state or federal court.

15 6. Notwithstanding any language in this Order, this Order does not preclude in
16 any way any other State agency or officer or political subdivision of this state from
17 instituting proceedings, investigating claims, or taking legal action as may be appropriate
18 now or in the future relating to this matter or other matters concerning Respondent,
19 including but not limited to, violations of Arizona's Consumer Fraud Act. Respondent
20 acknowledges that, other than with respect to the Board, this Order makes no
21 representations, implied or otherwise, about the views or intended actions of any other
22 state agency or officer or political subdivisions of the State relating to this matter or other
23 matters concerning Respondent

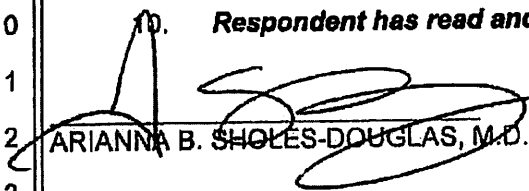
24 7. Upon signing this agreement, and returning this document (or a copy thereof)
25 to the Board's Executive Director, Respondent may not revoke the consent to the entry of

1 the Order. Respondent may not make any modifications to the document. Any
2 modifications to this original document are ineffective and void unless mutually approved
3 by the parties.

4 8. This Order is a public record that will be publicly disseminated as a formal
5 disciplinary action of the Board and will be reported to the National Practitioner's Data
6 Bank and on the Board's web site as a disciplinary action.

7 9. If the Board does not adopt this Order, Respondent will not assert as a
8 defense that the Board's consideration of the Order constitutes bias, prejudice,
9 prejudgment or other similar defense.

10 10. Respondent has read and understands the terms of this agreement.

11
12  DATED: 8/21/2023
13 ARIANNA B. SHOLES-DOUGLAS, M.D.

14 EXECUTED COPY of the foregoing mailed
15 this 7th day of September, 2023 to:

16 Arianna B. Sholes-Douglas, M.D.
17 Address of Record
18 Cody M. Hall, Esq.
19 Broening Oberg Woods & Wilson, PLC
20 2800 North Central Avenue, Suite 1600
Phoenix, Arizona 85004
Attorney for Respondent

21 ORIGINAL of the foregoing filed
22 this 7th day of September, 2023 with:

23 Arizona Medical Board
24 1740 West Adams, Suite 4000
25 Phoenix, Arizona 85007


Board staff